

1

00:00:00,000 --> 00:00:08,560

Tonight on Sightings, has science discovered the secret of cryonics and would you be willing

2

00:00:08,560 --> 00:00:11,440

to be frozen to death to extend your life?

3

00:00:11,440 --> 00:00:16,360

If it really can be done, I'm looking at immortality.

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00:00:16,360 --> 00:00:21,000

And speaking of immortality, does the dead victim of an electrocution still haunt this

5

00:00:21,000 --> 00:00:22,000

house?

6

00:00:22,000 --> 00:00:26,200

There's something got a hole in my hair and lifted me up.

7

00:00:26,200 --> 00:00:30,000

More cameras captured evidence that even we can't explain.

8

00:00:30,000 --> 00:00:32,000

Light the kitchens going on and off.

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00:00:32,000 --> 00:00:37,200

And an entire town that believes they've shared past lives together.

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00:00:37,200 --> 00:00:39,600

My name is Millie Spurl.

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00:00:39,600 --> 00:00:44,200

Now, and during the Civil War, it was honey.

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00:00:44,200 --> 00:00:48,200

I got wanting to be started to appear.

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00:00:48,200 --> 00:00:54,200

They had large, dark eyes, small, like hands.

14

00:00:54,200 --> 00:00:58,500

I began sensing and knowing and feeling.

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00:00:58,500 --> 00:01:00,200

I do believe in life after death.

16

00:01:00,200 --> 00:01:01,200

I mean, I've been there.

17

00:01:01,200 --> 00:01:07,200

We have not scratched the surface of what the mind can do.

18

00:01:07,200 --> 00:01:15,600

It's a connection with the unknown.

19

00:01:15,600 --> 00:01:18,120

Is it possible to cheat death?

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00:01:18,120 --> 00:01:22,240

Can we be brought back to life months, even years after dying?

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00:01:22,240 --> 00:01:26,960

There are scientists who are betting on the fact that one day, death won't be permanent.

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00:01:26,960 --> 00:01:29,800

And some people are taking the biggest gamble of their lives.

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00:01:29,800 --> 00:01:37,280

They're being frozen and mummified in a quest for immortality.

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00:01:37,280 --> 00:01:42,520

In January 1985, a severe blizzard hit Milwaukee, Wisconsin.

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00:01:42,520 --> 00:01:46,640

At the height of the storm, two-year-old Michael Trac wandered outside his home.

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00:01:47,040 --> 00:01:49,520

In minutes, he was frozen solid.

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00:01:49,520 --> 00:01:53,360

But miraculously, he was brought back to life.

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00:01:53,360 --> 00:01:58,960

He was, without any question, dead at the scene.

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00:01:58,960 --> 00:02:02,480

And he was dead for a period of time here as well.

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00:02:02,480 --> 00:02:06,760

But knowing that, because of how cold he was, knowing that you're not dead until you're

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00:02:06,760 --> 00:02:14,480

warm and dead, we knew that we had to give him the chance that he deserved.

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00:02:14,480 --> 00:02:19,040

Michael's complete recovery astonished his doctors, and he is now living proof that a

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00:02:19,040 --> 00:02:22,440

frozen human was indeed brought back to life.

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00:02:22,440 --> 00:02:25,280

It's an exciting possibility for science.

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00:02:25,280 --> 00:02:30,760

The resuscitation of a frozen person has inspired some scientists to try to take the process

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00:02:30,760 --> 00:02:32,400

one step further.

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00:02:32,400 --> 00:02:38,480

Cryonics is the extremely controversial science of freezing a person's body, or just the head,

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00:02:38,480 --> 00:02:40,760

immediately after medical death.

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00:02:40,760 --> 00:02:46,600

The hope is that someday they can be unfrozen and brought back to life.

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00:02:46,600 --> 00:02:51,440

Cryonics is an experimental process, and it's experimental because we don't know what the

41

00:02:51,440 --> 00:02:54,000

ultimate outcome is going to be.

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00:02:54,000 --> 00:02:58,280

We have a different opinion about where you draw the line between life and death.

43

00:02:58,280 --> 00:03:01,520

I don't think you can get dead people back from back to life.

44

00:03:01,520 --> 00:03:02,520

That's impossible.

45

00:03:02,520 --> 00:03:03,520

They're dead.

46

00:03:03,520 --> 00:03:04,520

How could you?

47

00:03:04,520 --> 00:03:06,640

I don't think that these people necessarily are dead.

48

00:03:06,640 --> 00:03:11,400

Once a cryonics patient is declared legally dead, the body is connected to life support

49

00:03:11,400 --> 00:03:12,400

systems.

50

00:03:12,400 --> 00:03:17,160

Cryo protective drugs are administered to minimize damage from the freezing process.

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00:03:17,160 --> 00:03:20,280

It takes three to five days to gradually freeze a body.

52

00:03:20,280 --> 00:03:27,040

What you're seeing is the inside of a cryogenic doer, and those are aluminum pods down there

53

00:03:27,040 --> 00:03:29,320

which contain our patients.

54

00:03:29,320 --> 00:03:32,280

Patient is inside the pod wrapped in a sleeping bag.

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00:03:32,280 --> 00:03:38,080

Right now there's only two ways of putting people into cryonic suspension.

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00:03:38,080 --> 00:03:42,200

Their whole bodies can be suspended like these people down here.

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00:03:42,200 --> 00:03:46,400

Some people choose only to have their brains put into cryonic suspension.

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00:03:46,400 --> 00:03:53,080

Right now, our methods of suspension are so crude, none of these people will be recovered

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00:03:53,080 --> 00:03:55,440

unless we can fix them one solid a time.

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00:03:55,440 --> 00:04:02,160

If you can do that, then it's a very small little bit extra to ask that you take any

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00:04:02,160 --> 00:04:08,120

one of the millions of cells that has the entire DNA which is a blueprint for your entire

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00:04:08,120 --> 00:04:13,640

body and just grow a new one around the existing brain.

63

00:04:13,640 --> 00:04:17,080

Is cryonic science or science fiction?

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00:04:17,080 --> 00:04:22,600

To date, three companies worldwide have frozen 40 people from all walks of life, and 600

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00:04:22,600 --> 00:04:24,200

more have signed up.

66

00:04:24,200 --> 00:04:28,880

But the medical community is universal in its condemnation of the process.

67

00:04:28,880 --> 00:04:30,880

I think it's misleading to people.

68

00:04:30,880 --> 00:04:37,160

I think that it's giving some false hopes, again at least at this point.

69

00:04:37,160 --> 00:04:43,360

It's a rational gamble because what they're doing is committing a relatively small amount

70

00:04:43,360 --> 00:04:46,720

of resources to the problem.

71

00:04:46,720 --> 00:04:48,160

And it's a personal issue.

72

00:04:48,160 --> 00:04:50,360

How much is your life worth gambling on?

73

00:04:50,360 --> 00:04:58,320

I mean, if this pays off and you end up with an indefinite lifespan in a world filled with

74

00:04:58,320 --> 00:05:03,160

all kinds of possibilities we can hardly imagine now, what's it worth to you?

75

00:05:03,160 --> 00:05:04,160

Bring me back.

76

00:05:04,160 --> 00:05:05,160

I don't care how.

77

00:05:05,160 --> 00:05:06,160

Bring me back into the future.

78

00:05:06,160 --> 00:05:07,160

I want to be there.

79

00:05:07,160 --> 00:05:08,160

I want to witness this.

80

00:05:08,160 --> 00:05:14,480

I want to be able to get out of this freezing suspension or whatever they put me into to

81

00:05:14,480 --> 00:05:15,480

get me back.

82

00:05:15,480 --> 00:05:18,680

I want to be able to stand there and say, Bill, you've made it.

83

00:05:18,680 --> 00:05:22,120

You're really here in the future.

84

00:05:22,120 --> 00:05:27,720

The most important thing is that if they can do that, if it really can be done, I'm looking

85

00:05:27,720 --> 00:05:30,280

at immortality.

86

00:05:30,280 --> 00:05:32,320

You don't ever have to die.

87

00:05:32,320 --> 00:05:34,000

You're not dead when you come out of the tank.

88

00:05:34,000 --> 00:05:37,000

You're not coming back from the dead.

89

00:05:37,000 --> 00:05:39,360

You're simply been put in suspension.

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00:05:39,360 --> 00:05:42,600

Waiting for science to catch up with us is basically all we're doing.

91

00:05:42,600 --> 00:05:44,400

I don't want to go out with a bang.

92

00:05:44,400 --> 00:05:46,600

I don't want to go out with a whimper.

93

00:05:46,600 --> 00:05:49,320

I want to go out with a strategy.

94

00:05:49,320 --> 00:05:52,840

In case of death, see reverse for biostasis protocol.

95

00:05:52,840 --> 00:06:00,760

Push 50,000 U-Heparin IV and do CPR while cooling with ice to 10 Celsius.

96

00:06:00,760 --> 00:06:05,640

Those who wish to be frozen upon death wear special identification tags, which give explicit

97

00:06:05,640 --> 00:06:09,320

instructions about how to freeze the body and who to contact.

98

00:06:09,320 --> 00:06:12,680

Well, let's say it doesn't work, OK?

99

00:06:12,680 --> 00:06:13,760

So you lose some money.

100

00:06:13,760 --> 00:06:14,760

You lose your life.

101

00:06:14,760 --> 00:06:15,760

You're frozen.

102

00:06:15,760 --> 00:06:16,760

You lose that.

103

00:06:16,760 --> 00:06:21,560

But if it does work, well, then you get to live and everybody rots on the ground except

104

00:06:21,560 --> 00:06:22,560

you.

105

00:06:22,560 --> 00:06:26,280

Clearly, there's no guarantees.

106

00:06:26,280 --> 00:06:28,120

It's like it's your only shot.

107

00:06:28,120 --> 00:06:31,440

Is immortality really within our grasp?

108

00:06:31,440 --> 00:06:36,680

While cryomists seek answers through futuristic high technology, others try to cheat death

109

00:06:36,680 --> 00:06:41,800

are looking to the past to an ancient Egyptian process called mummification.

110

00:06:41,800 --> 00:06:47,320

When permanent body preservation or mummification of the cells are perfectly preserved, possibly

111

00:06:47,320 --> 00:06:54,080

science may sometime in the future be able to duplicate that genetic message, re-duplicate

112

00:06:54,080 --> 00:06:55,720

a body.

113

00:06:55,720 --> 00:07:00,720

Mummification is the only process that is a permanent process of preservation.

114

00:07:00,720 --> 00:07:07,080

The mummification process, the first step is basically to remove the organs from the

115

00:07:07,080 --> 00:07:09,280

body which has been embodied.

116

00:07:09,280 --> 00:07:12,840

Then everything is placed in the vat with the body and it is soaked.

117

00:07:12,840 --> 00:07:17,880

This is the preservative, the active preservative.

118

00:07:17,880 --> 00:07:20,440

All the organs are coated with polyurethane.

119

00:07:20,440 --> 00:07:23,240

The cavity has been coated with polyurethane.

120

00:07:23,240 --> 00:07:27,920

Everything is returned to the body and then the body is closed.

121

00:07:27,920 --> 00:07:34,240

A lot of people really feel basically that they don't want the body to go through what

122

00:07:34,240 --> 00:07:38,560

is referred to as the corruption, the decomposition of the body.

123

00:07:38,560 --> 00:07:42,080

They want the body to stay intact.

124

00:07:42,080 --> 00:07:46,360

Mummification and cryonics raise profound questions about what might happen to these

125

00:07:46,360 --> 00:07:48,280

bodies in the future.

126

00:07:48,280 --> 00:07:54,560

Will we ever reach a point where these preserved bodies can live again or is reanimating a corpse

127

00:07:54,560 --> 00:07:57,360

just another horror movie plot?

128

00:07:57,360 --> 00:08:03,000

Some scientists believe it is the new reality of future generations.

129

00:08:03,000 --> 00:08:08,360

Coming up, does the dead victim of an electrocution still haunt this house?

130

00:08:08,360 --> 00:08:11,960

Our cameras captured evidence that even we can't explain.

131

00:08:11,960 --> 00:08:14,760

Lighten the kitchens going on and off.

132

00:08:14,760 --> 00:08:16,720

Ghosts.

133

00:08:16,720 --> 00:08:21,660

Many parapsychologists believe that their collections of electrical energy and conventional

134

00:08:21,660 --> 00:08:25,320

scientists agree electromagnetism is all around us.

135

00:08:25,320 --> 00:08:28,960

But paranormal researchers take it one extraordinary step further.

136

00:08:28,960 --> 00:08:35,240

They believe electromagnetism has a personality, that it can be the outward manifestation of

137

00:08:35,240 --> 00:08:38,040

a tortured soul in limbo.

138

00:08:38,040 --> 00:08:45,120

On July 28, 1974, Larry Richard Roach, an unemployed electrician, ended his own life with one

139

00:08:45,120 --> 00:08:56,080

rifle blast to the chest.

140

00:08:56,080 --> 00:09:00,760

Before his suicide, Larry Roach had been severely injured on the job.

141

00:09:00,760 --> 00:09:04,200

Electric shock had left him physically and mentally disabled.

142

00:09:04,200 --> 00:09:09,280

He had seizures, was emotionally unstable, and when his wife left him, Larry Roach became

143

00:09:09,280 --> 00:09:12,440

despondent and took his own life.

144

00:09:12,440 --> 00:09:17,920

Today, near Dallas, Texas, in this quiet neighborhood, a new family lives in the house where Larry

145

00:09:17,920 --> 00:09:19,920

Roach committed suicide.

146

00:09:19,920 --> 00:09:23,200

It was supposed to be the Lamonus family's dream house.

147

00:09:23,200 --> 00:09:26,840

They finally had a backyard for the children and plenty of room.

148

00:09:26,840 --> 00:09:28,960

But their happiness has been short-lived.

149

00:09:28,960 --> 00:09:31,680

They believe something is trying to force them out.

150

00:09:32,440 --> 00:09:36,000

Three weeks after we moved in, strange things started to happen.

151

00:09:36,000 --> 00:09:40,000

I had walked from the dining room into the kitchen, and about then something got a hold

152

00:09:40,000 --> 00:09:43,160

of my hair and lifted me up.

153

00:09:43,160 --> 00:09:45,600

And I started hollering, paying, paying help me.

154

00:09:45,600 --> 00:09:50,080

And she turned around and looked and she said I was just like a haze all over me, like a

155

00:09:50,080 --> 00:09:54,040

glow, like I had lit up.

156

00:09:54,040 --> 00:09:58,760

Most of the disturbances in the house seem to be related to strange electrical energy

157

00:09:58,760 --> 00:10:01,000

that had an almost human form.

158

00:10:01,000 --> 00:10:04,920

It affected appliances, the telephone, the lights.

159

00:10:04,920 --> 00:10:07,920

The phone answering machine played back messages spontaneously.

160

00:10:07,920 --> 00:10:09,920

He reached 642.

161

00:10:09,920 --> 00:10:15,040

He reached 642.

162

00:10:15,040 --> 00:10:17,600

Then a frightening apparition appeared in the kitchen.

163

00:10:17,600 --> 00:10:22,480

Well, once I just felt like something was in the kitchen, I just felt like something

164

00:10:22,480 --> 00:10:23,480

was staring at me.

165

00:10:23,480 --> 00:10:28,360

And I turned around and I looked and I seen laying on the floor like a whole figure of

166

00:10:28,360 --> 00:10:29,640

a man's body.

167

00:10:29,640 --> 00:10:31,640

I was terrified.

168

00:10:31,640 --> 00:10:36,360

So I got up and when I did it just vanished away like one up to the air and smoke, up

169

00:10:36,360 --> 00:10:41,800

into the kitchen light.

170

00:10:41,800 --> 00:10:44,240

And the terror only worsened.

171

00:10:44,240 --> 00:10:46,080

Started getting worse and worse in the house.

172

00:10:46,080 --> 00:10:50,400

It got to where I was scared to stay here.

173

00:10:50,400 --> 00:10:53,720

Late at night, eerie footsteps would echo throughout the house.

174

00:10:53,720 --> 00:10:59,600

The apparition paced outside the bedroom doors.

175

00:10:59,600 --> 00:11:02,720

And the activity in the house took a sinister turn.

176

00:11:02,720 --> 00:11:05,160

Did the apparition want the family dead?

177

00:11:05,160 --> 00:11:11,760

I came home one afternoon and the gas stove had been turned on and Joe was asleep on the

178

00:11:11,760 --> 00:11:12,760

sofa.

179

00:11:12,760 --> 00:11:17,120

I came in, smelled the gas at the front door, left the front door open because you could

180

00:11:17,120 --> 00:11:21,400

not even walk in and it really scared me.

181

00:11:21,400 --> 00:11:26,120

After this incident, Pam started to ask neighbors about the history of the house.

182

00:11:26,120 --> 00:11:30,040

I told Pam something has happened in this kitchen and she said, well, mother, I think

183

00:11:30,040 --> 00:11:31,040

you're right.

184

00:11:31,040 --> 00:11:35,360

So she went to investigate with her neighbors and they did explain to her that a man had

185

00:11:35,360 --> 00:11:38,440

committed suicide in the kitchen.

186

00:11:38,440 --> 00:11:43,320

The Lomonas is wondered if it was Larry Roach's angry restless spirit that was tormenting

187

00:11:43,320 --> 00:11:44,560

their lives.

188

00:11:44,560 --> 00:11:51,880

Desperate to find out, Pam contacted psychics, Donna Paul and Carol Williams.

189

00:11:52,200 --> 00:11:53,360

Pam called me.

190

00:11:53,360 --> 00:11:54,520

She was very disturbed.

191

00:11:54,520 --> 00:11:56,440

Her voice was shaking.

192

00:11:56,440 --> 00:12:01,480

She said, I have someone in my house and it's a ghost.

193

00:12:01,480 --> 00:12:08,720

I did feel cold spots in a few of the rooms and as we were just sitting there in the living

194

00:12:08,720 --> 00:12:16,240

room, living area, I started feeling the tingling sensation that I feel when a spirit is there.

195

00:12:16,240 --> 00:12:21,120

Just before the 18th anniversary of the suicide, the psychics hold a seance they hope will

196

00:12:21,120 --> 00:12:23,840

drive Larry Roach's spirit from the house.

197

00:12:23,840 --> 00:12:28,520

Carol, Donna and other psychics joined together with the Lomonas family.

198

00:12:28,520 --> 00:12:37,480

We've come here tonight to bring in the spirit of Larry from this house and we're going

199

00:12:37,480 --> 00:12:42,560

to attempt to send Larry to the light.

200

00:12:42,560 --> 00:12:47,440

I think that you committed suicide.

201

00:12:47,440 --> 00:12:50,440

You killed yourself.

202

00:12:50,440 --> 00:12:58,000

I just pulled that trigger.

203

00:12:58,000 --> 00:13:00,480

A rush of energy fills the room.

204

00:13:00,480 --> 00:13:02,480

Pam feels something touching her.

205

00:13:02,480 --> 00:13:05,480

He wants to touch my ear.

206

00:13:05,480 --> 00:13:08,160

I don't know.

207

00:13:08,160 --> 00:13:10,960

Larry, we know you're here.

208

00:13:10,960 --> 00:13:14,680

There's no reason for you to be in this house any longer.

209

00:13:14,680 --> 00:13:20,080

It's time for you to move into the other dimensions of light.

210

00:13:20,080 --> 00:13:22,720

You can no longer stay here.

211

00:13:22,720 --> 00:13:24,720

Move toward the light.

212

00:13:24,720 --> 00:13:28,080

There was a good seance.

213

00:13:28,080 --> 00:13:29,400

I could feel it.

214

00:13:29,400 --> 00:13:31,560

I could feel it when the chairs were shaking, everything.

215

00:13:31,560 --> 00:13:37,280

I knew it was here, but it didn't, did not leave and I don't think it's going to ever

216

00:13:37,280 --> 00:13:40,480

leave this house because it kept saying over and over.

217

00:13:40,480 --> 00:13:42,080

This is my home.

218

00:13:42,080 --> 00:13:45,080

This is my home.

219

00:13:45,080 --> 00:13:49,800

To see if a spirit could be inhabiting the home, a sighting's camera operator stays

220

00:13:49,800 --> 00:13:51,800

at the house alone.

221

00:13:51,800 --> 00:13:56,000

Okay, there's an awful lot of static electricity in the air right now.

222

00:13:56,000 --> 00:13:58,040

It seems to be coming from that tool shed.

223

00:13:58,040 --> 00:14:03,040

We found out later the tool shed was the last place Larry Roach was seen alive.

224

00:14:03,040 --> 00:14:04,040

The dog's barking at something.

225

00:14:04,040 --> 00:14:05,040

There's nothing there.

226

00:14:05,040 --> 00:14:06,040

330.

227

00:14:06,040 --> 00:14:14,040

I just felt something in the air on this area here, this hall.

228

00:14:14,040 --> 00:14:15,040

Flashlight's going out.

229

00:14:15,040 --> 00:14:20,480

I don't understand because I just put batteries in it.

230

00:14:20,480 --> 00:14:24,160

The light in the kitchen's going on and off, but I'm not touching it.

231

00:14:24,160 --> 00:14:26,160

It's 5 a.m. right now.

232

00:14:26,160 --> 00:14:27,160

There's a weird smell.

233

00:14:27,160 --> 00:14:29,160

I don't know what it is.

234

00:14:29,160 --> 00:14:33,160

There's a lot of electricity in the air, more now than before.

235

00:14:33,280 --> 00:14:35,280

The warning light and the camera's on.

236

00:14:35,280 --> 00:14:38,280

Why are the batteries dark?

237

00:14:38,280 --> 00:14:43,240

Larry Roach seems to have made his presence felt even to our crew member, and the Lomonas'

238

00:14:43,240 --> 00:14:46,280

still fear the unearthly phenomena in their home.

239

00:14:46,280 --> 00:14:52,040

In the coming weeks, we'll return to Dallas for an update.

240

00:14:52,040 --> 00:14:57,360

Coming up next, an entire town that claims to have shared past lives together.

241

00:14:57,360 --> 00:14:59,360

My name is Millie Spurl.

242

00:14:59,360 --> 00:15:01,040

Now.

243

00:15:01,040 --> 00:15:04,040

Later in the Civil War, it was honey.

244

00:15:04,040 --> 00:15:08,920

Our investigation uncovered startling evidence of reincarnation.

245

00:15:08,920 --> 00:15:13,600

When Sigmund Freud first introduced his theories about the importance of hypnosis, he was laughed

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00:15:13,600 --> 00:15:16,040

at and ridiculed by his colleagues.

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00:15:16,040 --> 00:15:20,000

Since then, hypnotherapy has gradually gained widespread acceptance.

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00:15:20,000 --> 00:15:26,320

But now, a controversial new type of hypnotherapy is once again asking us to look at our lives

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00:15:26,320 --> 00:15:32,520

in an astounding new way.

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00:15:32,520 --> 00:15:35,760

It's the serious study of past life therapy.

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00:15:35,760 --> 00:15:40,840

Even traditional doctors are starting to wonder if hypnotized patients can really recall that

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00:15:40,840 --> 00:15:44,160

they have lived before in a different body.

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00:15:44,160 --> 00:15:50,120

I got involved at first with past life therapy as a seemingly spontaneous or accidental thing.

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00:15:50,120 --> 00:15:55,960

I was chairman of psychiatry, very much academically trained and left brained.

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00:15:55,960 --> 00:16:01,800

Dr. Brian Weiss is a respected psychiatrist and author of two books on past life therapy.

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00:16:01,800 --> 00:16:06,160

No medical organization has come out really and endorsed this.

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00:16:06,160 --> 00:16:11,360

Oftentimes, they'll come up to me and say, I've had this marvelous experience where my

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00:16:11,360 --> 00:16:13,880

patient has, but don't tell anyone.

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00:16:13,880 --> 00:16:16,160

I get that a lot.

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00:16:16,160 --> 00:16:21,400

One startling new case has doctors and hypnotherapists reexamining their beliefs.

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00:16:21,400 --> 00:16:25,040

It all started in the small town of Lake Elsinore, California.

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00:16:25,040 --> 00:16:30,880

Here under hypnosis, more than 30 people all recalled that they had lived and died together

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00:16:30,880 --> 00:16:33,120

more than 100 years ago.

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00:16:33,120 --> 00:16:38,360

Under the guidance of Marge Reader, a hypnotherapist for 16 years, Maureen Williamson was the first

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00:16:38,360 --> 00:16:41,240

to speak of this shared past life.

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00:16:41,240 --> 00:16:45,120

There was something, an incident that happened to me when I was really young and I was interested

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00:16:45,120 --> 00:16:46,600

in the details.

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00:16:46,600 --> 00:16:51,160

It started initially with a name and the name I had come up with was John Ashford.

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00:16:51,160 --> 00:16:53,440

She said, oh, he's my husband.

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00:16:53,440 --> 00:16:55,680

Well, that was not her husband's name.

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00:16:55,680 --> 00:16:57,480

And I said, well, where are we?

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00:16:57,480 --> 00:16:59,720

Well, we're in Millboro.

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00:16:59,720 --> 00:17:04,680

In Marge Reader's practice, it's not unusual for someone to recall a past life, but what

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00:17:04,680 --> 00:17:08,920

happened next startled the hypnosis community.

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00:17:08,920 --> 00:17:12,400

So then she looked at me and she said, I saw Joe back there.

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00:17:12,400 --> 00:17:13,400

And I said, Joe, who?

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00:17:13,400 --> 00:17:14,800

She said, Joe Nazarowski.

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00:17:14,800 --> 00:17:18,520

He owned a security office down here on Main Street.

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00:17:18,520 --> 00:17:23,480

Joe Nazarowski came to see Marge Reader and without prompting told stories that were

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00:17:23,480 --> 00:17:24,480

strikingly similar.

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00:17:24,480 --> 00:17:31,400

During a civil war time, I went to Millboro and my primary function there was that in

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00:17:31,400 --> 00:17:36,280

the event that the war were to go badly for the Confederacy to blow up the tunnel so that

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00:17:36,280 --> 00:17:39,880

they could not use those materials against our military.

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00:17:39,880 --> 00:17:44,800

Marge probed deeper with Maureen and she recalled that even more people from Lake Elsinore could

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00:17:44,800 --> 00:17:46,960

have had a history in Millboro, Virginia.

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00:17:47,400 --> 00:17:49,440

And then she said, I saw Millie back there.

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00:17:49,440 --> 00:17:52,600

Barbara Roberts was sitting in the room and Barbara wrote me a note and said, ask her

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00:17:52,600 --> 00:17:53,760

if I'm there.

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00:17:53,760 --> 00:17:55,680

And I said, is Barbara Roberts back there in Virginia?

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00:17:55,680 --> 00:17:57,960

She says, yes, she's my mother-in-law.

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00:17:57,960 --> 00:17:59,520

She's John's mother.

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00:17:59,520 --> 00:18:02,160

And from there on out, it's just snowballed.

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00:18:02,160 --> 00:18:07,360

Maureen, who was the first to speak of Millboro, brought her husband in to see Marge.

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00:18:07,360 --> 00:18:12,640

Under hypnosis, he recalled that he had been Maureen's lover in Millboro.

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00:18:12,640 --> 00:18:19,440

Marge and I have found out under regressions is that I am still in love with the lady and

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00:18:19,440 --> 00:18:21,920

I always have been for 130 years.

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00:18:21,920 --> 00:18:24,320

The Civil War, for example, is a very popular period.

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00:18:24,320 --> 00:18:25,960

A lot of people have been there.

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00:18:25,960 --> 00:18:28,120

I have people finding their own gravesites.

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00:18:28,120 --> 00:18:29,120

They find their names.

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00:18:29,120 --> 00:18:32,800

They know their way around and they've never been in that area before.

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00:18:32,800 --> 00:18:36,960

So this is extremely possible, probable.

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00:18:36,960 --> 00:18:39,120

And I applaud this research.

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00:18:39,120 --> 00:18:44,000

This is the type of thing that more people should have the courage to do.

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00:18:44,000 --> 00:18:48,600

Marge Reader has documented the first case of mass regression in her book, Mission to

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00:18:48,600 --> 00:18:50,100

Millboro.

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00:18:50,100 --> 00:18:55,100

As amazing as these stories are, skeptics argue that Marge was somehow influencing her

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00:18:55,100 --> 00:18:57,320

patients unconsciously.

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00:18:57,320 --> 00:19:02,000

So we decided to go on our own mission to Millboro for evidence of this shared past

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00:19:02,000 --> 00:19:03,960

life.

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00:19:03,960 --> 00:19:08,520

Our first step was to search for a boarding house, which almost everyone had spoken of

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00:19:08,520 --> 00:19:12,880

under regression, and we found it.

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00:19:12,880 --> 00:19:18,000

My boarding house didn't have that much to do with the Civil War because I had the regular

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00:19:18,000 --> 00:19:23,680

borders and I fed a lot of people and I baked a lot of bread.

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00:19:23,680 --> 00:19:28,120

Under regression, nearly everyone recalled a graveyard where Maureen, as Becky Ashford,

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00:19:28,120 --> 00:19:29,280

was buried.

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00:19:29,280 --> 00:19:32,180

Just outside of town, we found a family plot.

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00:19:32,180 --> 00:19:36,120

I had been told by several people, Becky's grave is about a mile and a half outside

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00:19:36,120 --> 00:19:37,120

of town.

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00:19:37,120 --> 00:19:39,520

The graves are untended, the grass is high.

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00:19:39,520 --> 00:19:44,880

Joe told me all along it's in an enclosure, there's a little iron gate fence and that's

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00:19:44,880 --> 00:19:47,960

just what we found.

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00:19:47,960 --> 00:19:55,080

Joe Nazarowski recalled that his name in 1861 was Charlie Patterson, a West Point graduate.

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00:19:55,080 --> 00:20:00,440

A trip to the West Point Archives uncovered this photograph taken in 1861.

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00:20:00,440 --> 00:20:08,360

Look at that here is Charlie Patterson of Milborough, Virginia.

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00:20:08,360 --> 00:20:12,960

Joe also recalled a tunnel that he was supposed to blow up during the Civil War.

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00:20:12,960 --> 00:20:17,240

We found the tunnel and even these holes where he could have placed dynamite charges.

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00:20:17,240 --> 00:20:22,400

So we're going to place the dynamite to make sure that if the Yankees came through that

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00:20:22,400 --> 00:20:27,640

it would take the tunnel out, they couldn't get the supplies.

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00:20:27,640 --> 00:20:32,040

Before their regression, none of the people in Lake Alsonor had been to Milborough, but

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00:20:32,040 --> 00:20:36,160

it's possible that they could have seen pictures or heard stories about the area.

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00:20:36,160 --> 00:20:41,760

However, one place we discovered was unknown to even lifetime residents of Milborough.

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00:20:41,760 --> 00:20:45,320

Totally unknown to everyone but one of Marge's clients.

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00:20:45,320 --> 00:20:48,120

It was a secret room used to hide slaves.

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00:20:48,120 --> 00:20:51,560

The room was supposedly hidden underground near a church.

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00:20:51,560 --> 00:20:57,320

Marge pinpointed its location using old maps and began to dig.

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00:20:57,320 --> 00:20:59,120

We're in the middle of downtown Milborough.

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00:20:59,120 --> 00:21:04,920

We have reason to think that there's an underground railroad hidden tunnel and room down here.

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00:21:04,920 --> 00:21:08,320

And I heard about it just a few months ago from one of the newer girls in my Milborough

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00:21:08,320 --> 00:21:10,000

study.

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00:21:10,000 --> 00:21:14,320

After hours of digging, Marge broke through and found the secret room.

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00:21:14,320 --> 00:21:16,000

You can see the room very clearly.

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00:21:16,000 --> 00:21:20,200

You can see the green walls, green concrete walls as they were described to me.

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00:21:20,200 --> 00:21:25,520

The planks ceiling, sod floor and Civil War era paraphernalia provided further evidence

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00:21:25,520 --> 00:21:29,800

that this room may have been the secret room revealed under regression.

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00:21:29,800 --> 00:21:33,880

This discovery is an important step forward in the search for proof that the mass regression

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00:21:33,880 --> 00:21:37,640

is more than just the power of suggestion or coincidence.

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00:21:37,640 --> 00:21:44,800

In my practice as a psychiatrist doing past life regression work, I focus primarily on

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00:21:44,800 --> 00:21:46,320

therapy, on healing.

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00:21:46,320 --> 00:21:50,720

The other level which Marge is doing is extremely important also.

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00:21:50,720 --> 00:21:55,080

It's proof that this is real.

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00:21:55,080 --> 00:21:56,200

Thanks for joining us.

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00:21:56,200 --> 00:21:58,200

For Sightings, I'm Tim White.

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00:21:58,200 --> 00:21:59,840

Good night.

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00:21:59,840 --> 00:22:04,880

Next time on Sightings, are they just the stuff that legends are made of or the world's most

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00:22:04,880 --> 00:22:07,600

elusive and frightening creations?

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00:22:07,600 --> 00:22:11,080

We knew right off the bat that there had to be some kind of a monster in the lake.

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00:22:11,080 --> 00:22:16,680

Monsters on the next Sightings.

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00:22:16,680 --> 00:22:21,600

Tomorrow after an all new cops, when his landing gear fails, witness a pilot's desperate struggle

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00:22:21,600 --> 00:22:26,960

to belly land his crippled plane on an all new Code 3 after cops tomorrow.

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00:22:26,960 --> 00:22:31,000

And don't forget, this Sunday it's the in living color blooper special, followed by

362

00:22:31,000 --> 00:22:33,120

an all new Rock Live.

363

00:22:33,120 --> 00:22:35,880

Now stay tuned for an all new Rachel Gunn.